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# International days and localized traditions

Björk & Patrycja

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# International days



# Bolludagur (Cream Puff Day )

- Eat Cream puffs
- Traditionally children all over Iceland arm themselves with a „Bolludagsvöndur”



## Recipe Cream Puffs

400 ml water  
160 g margarine  
250 g flour  
1/4 teaspoon baking powder  
A knife's end of salt  
5 eggs if you shape them with a spoon, 6 eggs if you use a pastry bag



# Sprengidagur (bursting day )

- Eat salted meat  
and yellow peas,  
pea soup.
- Eating a lot.



# Öskudagur (Ash Wednesday)

- Icelandic version of Halloween.
- Children dress in costumes and walk from store to store, seeking candy.



# Easter

- Custom to eat a chocolate egg stuffed with candy.
- Sometimes the eggs are hidden.





## Hvítasunna (Pentecost)

- Pentecost is a religious holiday.
- Monday after pentecost is a bank holiday in Iceland.
- Icelandic children are often confirmed on this day.



# Áramót ( New year)

- Shopping fireworks.
- Going to the bonfire.
- Watching comedy special on TV.





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# Localized traditions

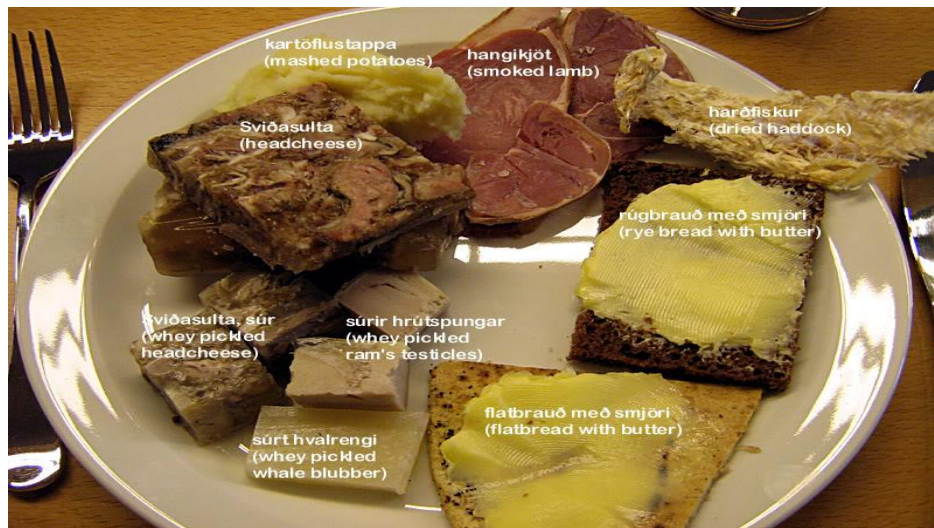
— Björk —

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# Porrablót

- Is an Icelandic midwinter festival
- Named after the month of Þorri of the historical Icelandic calendar
- from mid January to mid February



# Sumardagurinn fyrsti

- This day is always on a Thursday and is set in April from the 17th to the 24th.
- This day is called the first day of summer
- It is still an annual public holiday in Iceland





# The Icelandic fisherman's day

- The Icelandic fisherman's day is first Sunday in June
- It is the national day for fishermen
- The Icelandic fisherman's day was first celebrated 1938 in Reykjavík



# 17. júní

- On June 17th the Icelanders celebrate their National day.
- This day was the birthday of Jón Sigurðsson
- People are celebrating the nation independence



# Town festivals



- In Höfn there is a lobster festival.
- Höfn is a major production area for lobster in Iceland.
- The lobster festival was first held in 1993.
- People come together and eat lobster, lobster baguette and lobster soup.





# Verslunarmannahelgi - Bank holiday

- Verslunarmannahelgi is a long weekend where retail workers have the Monday off
- During this weekend people travel all around Iceland and there is a lot of festivals going on.
- Þjóðhátíð is the most popular festival over the weekend



# Þorláksmessa

- It is a celebration to honor Þorlákur Þórhallsson who was bishop in Skálholt.
- Many people finish decorating their houses and the Christmas tree, and buy Christmas presents on this day.

